



January Newsletter



Welcome back, students!

Welcome to the new year, Honors students! We hope that each and every one of you had a restful and well deserved winter break. This edition of the monthly newsletter will feature some useful notes, deadlines, and information to help you as the Spring 2023 semester kicks up!

Enjoy reading this brief newsletter, and Go Pokes!

Add/Drop deadline for Spring 2023

Students, please note the following dates for the non-restrictive add/drop dates for the Spring semester.

To get a full, 100% refund, the non-restrictive add/drop date will be on **January 24th, 2023**.

The partial refund add/drop date, respectively, will be **January 27th, 2023**.

Honors Contracts for Spring 2023

If you plan to contract a course for Honors credit this semester, there are a few things you will need to do first! Here are some helpful tips for first time contracts, as well as important deadline information.

- Honors contracts are a way to earn Honors credit in a regular section of a course. If you are unsure if you need or should do a contract for the spring, please contact your advisor.
- Contract proposal forms are **due by the end of the second week of classes** for the Spring semester. Please be sure you get those turned in on time!
- If at any time in the contract process you need help or have questions, do not hesitate to contact your advisor!

[Honors contract information](#)

[Proposal Form](#)



Spring 2023 Experiential Learning

If you are participating in any activity that you would like to earn credit for in Experiential Learning (xL), please reference the notes below on how to propose an activity and see important deadlines.

- The deadline to complete a proposal form for Experiential Learning is **February 3rd, 2023. This form will open on January 17th, 2023.**
- For any specific questions regarding Experiential Learning, please reach out to Dr. Miller (stephanie.j.miller@okstate.edu)

- For the most up to date information on how xL works and a complete list of approved activities, please see the link below.

[Experiential Learning Information and Instructions](#)

[Experiential Learning Proposal Form](#)



Some tips for the new semester...

With the spring semester comes new classes and new challenges. No need to fear! Below are a few little reminders and handy tips for you to reference as you navigate the new semester.

- Get to know your professors! We always say that the best way to succeed in a class is to get to know your instructor. Even a simple introduction after class or a visit to office hours can go a long way! This makes it much easier later to ask any questions or seek help. Your professors are here to help you, don't be afraid to say hello!
 - Stay involved. Whether that be finding a new student club to participate in, or just checking out some of the many events held on campus throughout the semester, remember to enjoy your college experience! Studying is always important, but remember that taking breaks and exploring the campus community is just as valuable.
 - Make a planner. We say it every semester, but that's how important it is! During the first week, you will notice your yllubus will include important deadlines and dates for exams. These will be less of a surprise later if you mark them down in a planner or calendar now! Give yourself time to prepare for these events and days before they sneak up on you.
 - Finally, check in with your advisors if you need help. This can be your lovely Honors advisor or your awesome major advisors. We are always here to help you navigate through the wild ride that is college. Whether that be a change in major, or even just to vent, know that you have people here to help.
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Thank you for reading!

We hope that this newsletter was informative and entertaining. As the semester draws to a close, remember to take time for yourself between your study sessions. Darwin and Bonnie are cheering for you, too! You got this, and you are more prepared than you probably think you are. We hope to see you soon, and as always...

Go Pokes!

Oklahoma State University Honors College

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