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## September Newsletter



### **Welcome back, students!**

We are so glad to see everyone back on campus this fall, and to see so many new faces around Honors! The Honors Folks sincerely wish that each of you has had a wonderful first couple of weeks back to school. Please enjoy this brief newsletter, and we hope to see you at some of our next Honors events soon.

As always, GO POKES!

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## **Honors Students Awarded Pill and Moore Scholarships**

We want to take a moment to say a big congratulations to Honors students James Lee and Sophie Berges for being the most recent recipients of these prestigious Honors Scholarships! All of us are so proud of you and your achievements and involvement at OSU.

Sophie Berges received the Geoffrey Pill Honors College Scholarship for the 2023-2024 academic term. The Pill Scholarship is awarded to students in their second year in college or higher who are especially active and involved with the Honors program.

James Lee received the Donald and Sally Moore Scholarship for the 2023-2024 academic year. This award is given to an outstanding student in



## Join the Honors College Student Association!

Are you wanting to get more involved with the Honors College? We need you! The Honors College Student Association is a student lead group who seeks representatives in Honors from each college at OSU.

Participation in HCSA is also an approved activity for experiential learning (xL) credit for leadership or service.

Please email Mili Jha at [mili.jha@okstate.edu](mailto:mili.jha@okstate.edu) for more information and to join!

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# DID YOU KNOW?

ACCESS THE TRAINING HERE:



All new students are required to complete our New Student Online Training.

Complete all the training modules by **September 8** and be automatically entered to win 1 of 8 Apple HomePod Minis.



[1is2many@okstate.edu](mailto:1is2many@okstate.edu)

## Complete Your New Student Online Training and Enter to Win Prizes!

Attention all new students! Did you know that there is a required training that you must complete? The training addresses various topics, including the 1is2many training. These must be completed in order to be allowed to enroll in future semesters!

Those students who complete this training prior to September 8th will be automatically entered in a drawing for 1 out of 8 Apple HomePod Minis.

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## Experiential Learning Proposals Now Being Accepted for Fall 2023

Are you doing an internship this fall? Involved in a student leadership role? Marching band or any other approved activity? You can be earning Honors credits for those activities with Experiential Learning (xL)!

The deadline for proposals is September 8th, at 5pm. Experiential Learning can count towards the General Honors Award or the Honors Degree after the general and departmental/college have been completed.

Please email your advisor to see how this may benefit you, specifically. For any questions about the process, please email Honors xL advisor Katie Parr at [kparr@okstate.edu](mailto:kparr@okstate.edu).

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## Upcoming Events with Honors

Did you know that we have some really great and exciting events planned for the Honors College this semester? Anything from Trivia Nights in Stout, Tea Time with Darwin the dog, special presentations by professors with free food, and fun excursions around town are all planned for the fall!

These events are more exciting with you there, so we would love to see you at one of our events sometime. You can find regular updates and upcoming events with Honors on our social media sights (and in this newsletter)!

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## Honors Movie Night!

The first Honors movie night of the year will kick off on September 14th at 6pm! In celebration of the start of Hispanic Heritage Month, we will be viewing *Encanto*. Bring a blanket, some cozy PJ bottoms, and enjoy the show. Food and drinks will be provided for free.

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## Some Helpful Student Resources

Sometimes, college is stressful. While your studies are important, so is remembering to take a study break and get involved around campus. Below is a brief list of some helpful resources at OSU that can help you out!

1. **Academic support:** If you need any special tutoring, homework help, or assistance writing a paper, academic support has many great programs to help you.
2. **Basic need resources:** For students who are struggling to meet their basic needs, we have places around campus for students needing food assistance or in need of personal care products.
3. **Mental health:** Resources for student mental health, such as counseling, are available at OSU. We also have staff specially trained in helping students in crisis or otherwise needing someone to talk to. You may visit the link below, or contact Sam Morse (smorse@okstate.edu) in Stout 104 at any time.
4. **Additional resources:** Several other options are available for students, including such things as financial support or health and wellness. Please see the attached link below for a more complete list of these resources available to you.

[Academic Support](#)

[Basic Need Resources](#)

[Mental Health Resources](#)

[Additional Help](#)

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## Check out our social media!

Not already following us on our socials? You're missing out! Find us on Facebook and Instagram for all of the latest and greatest information, announcements, and cool events happening in and out of Stout and Old Central!



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## Thanks again for reading!

We hope that each of you have enjoyed this edition of the monthly newsletter. Whether it be learning about what is happening in and around Honors or even learning something new, we are pleased you took the time to read this.

Enjoy the rest of the month, and we hope to see you around campus soon!

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**Oklahoma State University Honors College**

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Oklahoma State University, 74078, Stillwater

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